



*Saanich Neighbourhood Place
August Newsletter*

Executive Director Message

Dear Community,

Well, summer is at its peak as I write today, and setting up for a few more very warm days. It is nice to have great weather, even though we have been so busy at Saanich Neighbourhood Place and not many of us have had a lot of time to enjoy it to the fullest. I hope you have all had some time to enjoy your summer days.

Here at SNP, we have continued to work on getting our Child and Family Centre open and operating, bringing much needed childcare and community programs to the region. We are very close now, just a couple of things still to do. We look forward to welcoming visitors to the space soon, and will be hosting a community event on September 29th with food, program information and tours of the new spaces.

September will see the return of many of our programs, offered in person once more, at all our locations. We are excited to see families again in the Pearkes Recreation location, Royal Oak Neighbourhood House, and the new Child and Family Centre. We will also reopen our permanent office and group space at Broad View United, to continue to serve the community there. We are also excited to welcome a new partner program to our organization in September, with the new Infant Mental Health team moving into the Child and Family Centre.

Over the past months, SNP has been the grateful recipient of outspoken support from our community members and families. We can't thank everyone enough for the letters and calls to council on our behalf, for the donations of produce and other items, and for the financial support of individuals and businesses as we've worked through the pandemic together while supporting families and building a new space. Thank you to everyone who has so generously supported SNP.

As a non-profit organization, Saanich Neighbourhood Place receives not only support in various forms from the community, but is also governed by members of the community as part of our Board of Directors. At this time, we are inviting people who are interested in supporting the work of SNP to volunteer a few hours each month as a Board Member of SNP. Please contact corinne@snplace.org for more information about joining a great family serving organization.

We are still looking for a few great people to join our staff team in our Childcare programs, and also in our Administration team. If you are interested in either of these opportunities, please contact admin@snplace.org for more information.

Yours in community,

Corinne Hilton Bains
Executive Director



Saanich Neighbourhood House News and Updates

Employment Opportunities

Do you love working with children and families? Enjoy a beautiful work space and a great supportive team environment? We are currently seeking a few Early Childhood Educators to join our growing team. For more information please contact our Childcare Manager Moira at moira@snplace.org.

Fall Reception Hours

Our reception hours will be changing as of September 1st. Pearkes Centre reception will be available Monday to Thursday from 8:45 am - 1:30 pm and by appointment only after 1:30 pm. We will also be available by appointment only on Fridays. Very soon, our main reception at 3120 Tillicum (the Child and Family Centre situated behind Pearkes Recreation Centre) will be open 8:30 am - 3:00 pm, Monday to Friday.

New Statutory Holiday September 30, 2021


On September 30th, 2021 there is a new statutory holiday in Canada/Turtle Island. Our organization will close for the day to respect the National Day of [Truth and Reconciliation](#).

Fall Kick-Off Community BBQ

On September 29th we will be hosting a BBQ at the Child and Family Centre at 4:30pm. Burgers and hot dogs will be provided with dietary options available. Come learn about the work we do in the community, visit our new space, and get to know our team. We hope to see you there. For more information contact us at admin@snplace.org

Recycle for your Community

Saanich Neighbourhood Place is one of the charities that can benefit when you donate your recyclables at the Return It Depot. Just let the folks there know that you'd like to donate your deposit return to Saanich Neighbourhood Place.

Here's how it works. When you arrive at any of the three locations listed above  you tell the folks at [#BottleDepot](#) that you are donating the proceeds to Saanich Neighbourhood Place. All proceeds will be used to help support our community through food service, childcare, and family programs.



Fall Program Offerings

SNP in Pearkes
3100 Tillicum Rd.
G.R. Pearkes Recreation Centre

Young Parent Play & Connect

Beginning September 13

Mondays | 9:30 - 11:30 AM

A play group for children with discussion for parents under 29 years of age.

Contact Tanya@snplace.org to register.

Best Babies

Beginning September 14

Tuesdays | 10:00 AM - 1:30 PM

Support for pregnant people and their newborns up to 6 months of age. Please

contact Robin@snplace.org for more information.

Dad's Drop-in

Beginning September 11

Saturdays | 9:30 - 11:00 AM | Last Saturday of each month at Royal Oak location.

Weekly playgroups for self-identified dads with children under 5. Please

contact Paul@snplace.org for registration.

Parenting from a Dad's Perspective

October 12 - November 16

Tuesdays | 5:30 - 7:00 PM

A learning opportunity for male identifying parents who are parenting with or without a partner, living with or without their children. Please

contact Paul@snplace.org for more details.

Parent Child Drop-in

Beginning September 15

Wednesdays | 9:30 - 11:30 AM

This program offers art activities, water play, stories, dress ups, and outside

playtime for children up to 5 years of age. Contact Ali@snplace.org for more information.

Food Skills for Youth

October 7 - December 16

Thursdays | 4:00 - 6:00 PM

This program gives youth ages 12-17 an opportunity to cook in a group and learn valuable food skills. For more information, please contact Tina@snplace.org to register.

Community Kitchens

Beginning September 16

Thursdays | 10:00 AM - 12:00 PM

Enjoy cooking in a group and taking delicious affordable meals home to your family. Please contact Tina@snplace.org to register.

Family Dinner To-Go

Beginning September 8

Wednesday | 5:00 - 6:00 PM

Family Dinner (In-House)

Last Wednesday of each month | 5:00 - 6:00 PM

Enjoy the company of neighbours at our monthly family dinner night.

Contact Tina@snplace.org if you are interested in attending.

Kindergym

Beginning September 14

Tuesdays | 9:30 - 11:30 AM

Saturdays | 10 :00 AM - 12:00 PM

With space to run and climb, this active play time gets little ones moving! For children up to 5 years of age. Please contact Ali@snplace.org for more information.

Baby Group

Beginning September 15

Wednesdays | 1:00 - 2:00 PM

Discussion and support group for parents and caregivers with babies 0 to 12 months. Contact Brianna@snplace.org if you are interested in attending.

SNP in Royal Oak

4525 West Saanich Rd.

Royal Oak Neighbourhood House

Baby Group

Beginning September 15

Wednesdays | 1:00 - 2:00 PM

Discussion and support group for parents and caregivers with babies 0 to 12 months. Contact Brianna@snplace.org if you are interested in attending.

Parent-Child Mother Goose

Beginning September 13

Mondays | 9:30 - 10:30 AM

A group experience for parents and their babies and young children which focuses on the pleasure and power of using rhymes, songs and stories together. Please contact Ali@snplace.org if you are interested in attending.

Messy Hands Drop-in

Beginning September 16

Thursdays and Fridays | 9:30 - 11:30 AM

An opportunity for toddlers and preschool aged kids to show up for a creative experience. Come prepared for things like paint, slime, sand or water play. Caregivers need to stay but their hands are only expected to get as messy as they want/like. Please contact Ali@snplace.org if you are interested in attending.

SNP Child and Family Centre
3120 Tillicum Rd.

Parenting Toolbox

October 25 - November 29

Mondays | 12:00 - 1:30 PM

Join us for a 6-week series of workshops on a variety of parenting topics. We will look at areas such as temperament, challenging behaviours, anger and more. Parenting Toolbox is a great program for parents of 0-10 year-olds who are looking to build some skills and strategies on how to connect to their kids and help them thrive. Contact Robin@snplace.org for more details

SAFER

October 5 - November 9

Tuesdays | 6:00 - 8:30 PM

Education and support group for parents of trans and non-binary youth.

Contact Family@snplace.org for more information.

SAFER for Youth

October 5 - November 9

Tuesdays | 6:00 - 8:30 PM

A facilitated discussion group offering a safe place to talk, find support and ask questions for youth who are on a journey towards realizing their true identity.

Contact Family@snplace.org for more information.

My Tween & Me

November 3 - December 8

Wednesdays | 6:00 - 8:00 PM

This 6-week program is designed to support parents/caregivers with children ages 9-12. The facilitated group focuses on effective communication, building self-

esteem for teens and strengthening confidence in parents.
Contact Tanya@snplace.org for more details.

Community Resources



Winter Garden Seedlings

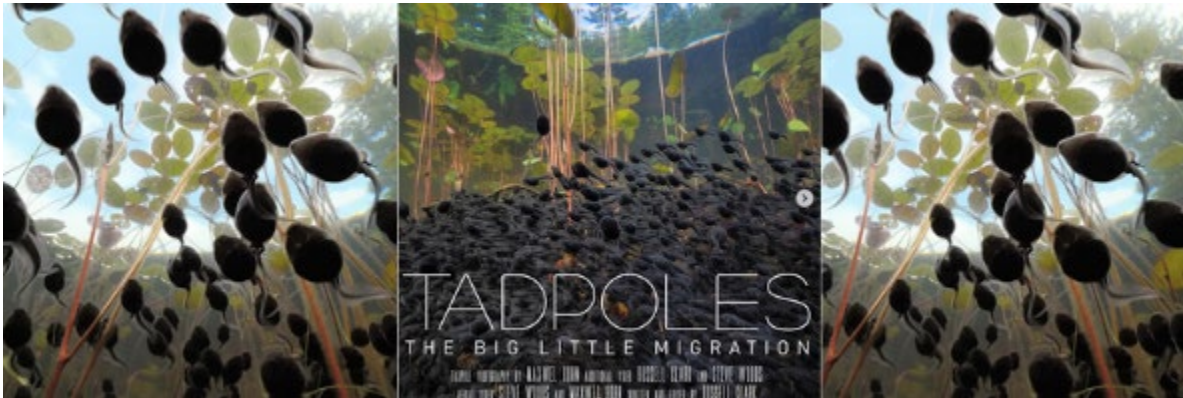
Unlike so many of our fellow Canadians, we can continue to garden and grow produce well into the fall and even winter months. If you're interested in accessing free food start seedlings and gardening materials, visit [The City of Victoria](https://www.victoria.ca) and click on "[Get Growing](#)" to see the list of neighborhood distribution locations, and on-site resources available. Fall and winter veggie crops will be available through Get Growing, Victoria! between August 16th - September 3rd, 2021.



Body Positive Books

It's August and with some very warm weather on the way, we have compiled a list of some body/difference positive books that teach love, acceptance, dignity,

strength and a big celebration of self-esteem. We are what we read and the books we provide to the little folks in our lives help shape the way they view the world, themselves and the people around them.



Nature Film Shot on Vancouver Island

This short documentary is a beautiful watch for all ages & shot here in [#BC](#) over a four year period. "[Tadpoles: The Big Little Migration](#)", from underwater cinematographer & photographer Maxwell Hohn (who lives in Courtney, BC), has won many many (well-deserved) awards.

TRC Booklets

Calls to Action Booklets from the National Centre for Truth and Reconciliation. "In this booklet, you will find the TRC's 10 principles of Reconciliation, the 94 calls to action and the 46 articles of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP). These documents are instruments of Reconciliation that should be read and considered together.

The first principle of Reconciliation confirms that UNDRIP is the framework for Reconciliation for all sectors of Canadian society. The other nine principles serve as guides to assist in repairing the damaged relationship between Indigenous and non-Indigenous Peoples in Canada." - [National Centre for Truth and Reconciliation](#).



Reel Injun Documentary

The data we consume shapes how we view the world. Let's try to decolonize our minds a little with some historical content of the misrepresentation Indigenous folks in the movies. This great documentary featuring Graham Greene, Adam Beach, Clint Eastwood, Jim Jarmusch, Robbie Robertson, Zacharias Kunuk and others appear in this insightful and incisive history of First Peoples' representation on screen. Reel Injun seeks to redress the stereotypes and misconceptions created by a century's worth of often ignorant, sometimes malicious depictions of North America's Indigenous peoples. Featuring clips from hundreds of classic and contemporary films and interviews with both Native and non-Native artists and activists — including actors Graham Greene and Adam Beach, directors Zacharias Kunuk, Chris Eyre, Jim Jarmusch and Clint Eastwood, and musicians Robbie Robertson and John Trudell — Reel Injun is a vital corrective to a skewed film history.

BC Accessibility Act

The Accessible British Columbia Act received Royal Assent on June 17, 2021, and is now law. This act serves to ensure that BC residents of all abilities will have full access to information and resources in accessible formats. [View a plain language overview of the Accessible B.C. Act](#). The BC government offers an [Accessible Toolkit](#) to help folks learn to make more accessible work product and understand the options that are already available and/or easy to access.

SNP Accessible Website and Newsletter

As we are working towards becoming a more accessible workplace, SNP has started with making our [website](#) and newsletter more accessible. This journey means adding alternative text to our social media, using plain language, reducing the number of images, and simplifying the design overall.

Saanich Neighbourhood Place is privileged to provide our services on the unceded lands of the WSÁNEĆ and Lkwungen-speaking peoples.

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