



Winter Newsletter Saanich Neighbourhood Place

Dear Community,

As 2021 comes to close, we have much to be grateful for at SNP. It has continued to be a busy year, with lots of unique challenges to contend with. As the days grow shorter and colder, we hope you find ways to enjoy the winter season soon upon us.

We have a new Winter 2022 Calendar full of parenting, youth, food and childcare programs available. [Please visit our January to April Calendar](#) to view the wide range of services and programs we have on offer. There are many familiar favourites, and some exciting new additions. If you have a program you would like to see on offer, please let us know. We are always seeking ways to better serve our community.

Looking back at 2021, we are very thankful that we were able to navigate the year with zero cases of COVID19. August saw the official opening of our Child and Family Centre, tucked in behind the Pearkes Recreation Centre. With the ongoing restrictions, we haven't yet had a grand opening due to the limitation on group sizes, but we hope to do so in the coming months.

The Full o'Beans Preschool started in September with full programs, and the full-day Full o'Beans and Beansprouts' programs have ongoing intake happening. We are also pleased to have programs up and running again at Royal Oak Neighbourhood House, after a long quiet break for the little schoolhouse, please visit our calendar for specific program information.

With four locations to serve you, we also have space available for rent to community groups whose activities are in alignment with our mission statement and goals. If you are interested in renting one of our community spaces, [please visit our website for more information.](#)

We offer our thanks to our donors and sponsors. While many of our SNP programs are free to participants, they are not free to provide, and we rely on the financial support of donors to continue to provide a wide range of services.

November 30th was the 10th anniversary of #GivingTuesday, a global movement to celebrate the generosity of our communities and the individuals and businesses who donate to worthy causes and support programs and services in their neighbourhoods. Thank you to the many folks who so generously donated. We are thankful for ongoing community support and please note, all donations are tax deductible. For more information or to make a donation this month, please [visit our Giving Tuesday Partner Page.](#)

[Donate to SNP](#)

We wish you a wonderful holiday season, in the myriad of ways we celebrate in our diverse and unique community and cultural traditions.

In Gratitude,
The SNP Team



Saanich Neighbourhood Place Updates

Winter Closure (December 23rd - January 4th)

We will be closed for our annual Winter break on December 23rd, 2021 and will reopen on January 4th, 2022 to give our staff, volunteers, and buildings a chance to rest and rejuvenate. All programs will be on hold during this time period. We will miss you and look forward to connecting again in 2022. If you need support over the break, please call the Vancouver Island Crisis Line at 1-888-494-3888.

SNP Employment Opportunities

Do you love working with children and families within a wonderful supportive group of folks? We are currently seeking several dynamic Early Childhood Educators to join our growing team. We are also seeking Program Support people who work in

childminding, program assistance, and facility attendance. [You can learn more about our current openings here.](#)

[Work at SNP](#)



Winter Programs 2022

We are pleased to be offering in-person programs once again. COVID protocols are in place. While we encourage folks to be vaccinated to attend our programs, our services are deemed essential and we are not required to check for vaccine status at this time.

It has been lovely to see folks in-person once again and we welcome you to join us again in 2022. We offer fun, supportive, and educational programs for all ages which are free or by donation to attend. Our Winter programs will begin again in January and registration is now open. [Check out the calendar here.](#)

New Programs in 2022

Mom's Mental Health Toolkit

Parenting Hot Topics

Playgroup at our Broad View location

My Tween & Me

Popular Regular Programs 2022

Dad's Drop In

Baby Groups

Best Babies (pre/post natal support)

Playgroups for under 5

Kindergym

Messy Hands

Mother Goose (full)

Young Parent Play & Connect

Community Kitchens

Youth Food Skills

SAFER - education and support for trans and non-binary youth and their parents

We are operating programs in all four of our locations within Saanich. [Visit our programs' calendar](#) for more information and email us at admin@snplace.org or phone 250-360-1148 to register.

SNP Winter Programs



SNP Food Security Work

Gift of Good Food Box Donations

We are proud participants in The Gift of Good Food annual Holiday Fundraiser that runs from November 15th through to December 31st. This amazing initiative is organized by The Gift of Good Food, who work together with many community groups and allies with a goal to raise \$100,000 and support 150 local families with fresh produce for a year.

At SNP, we support families who are in need and connect them to our annual allotment of Good Food donations. Please contact us at admin@snplace.org for more info on how to donate and/or if you need food security support.

Food Security Connections Film

Earlier this year the Good Food Network and the Food Literacy Working Group released the 'Food Security Connections' documentary exploring food

insecurity through stories from people in our community and from individuals and organizations that are working to alleviate food insecurity through food justice efforts. We are so pleased to have collaborated on this project and you will see some of our staff and participants included in the film.



Events, Books, Films and Recipes

Witness Blanket Exhibit Through December 12th

"Inspired by a woven blanket, this large-scale art installation is made from hundreds of items reclaimed from residential schools, churches, government buildings and traditional and cultural structures across Canada. The travelling Witness Blanket exhibition continues at the Cedar Hill Recreation and Arts Centre Gallery in Saanich from Nov. 16th through Dec. 12th.

The process of gathering these objects and their stories took artist Carey Newman

and his team from coast to coast to coast. They travelled over 200,000 kilometers, visited 77 communities, met over 10,000 people, and welcomed over a thousand objects into their care. Each object has a story to tell, each survivor has something to say. The 90-minute feature documentary film "Picking Up the Pieces: The Making of the Witness Blanket" weaves those stories with Carey Newman's personal journey, examining how art can open our hearts to the pain of truth and the beauty of resilience."

The documentary "[Picking Up The Pieces: The Making of the Witness Blanket](#)" has been made generously available and accessible via Vimeo. Information gathered from the [Canadian Museum for Human Rights](#).



Know Your Rights and Claim Them: A Guide For Youth

Do you have a youth in your life that is looking to make a difference in the world? Then this is the book for them. Don't be put off by the celebrity author on this amazing new book empowering young folks to "Know Your Rights and Claim Them: A Guide For Youth" written by Angelina Jolie and Geraldine Van Bueren, published by [Amnesty International](#). There are not a lot of books on the market geared towards young folks that support their efforts to stand up for their rights, and offer, in detail, how to organize rallies and demonstrations, what to pack for a protest, and how to prepare for the possibility of a tear gas and/or pepper spray encounter.



Film For Youth: Child of Nature

Winner of five international awards and acclaimed by kids, families and educators all over the world, the Child of Nature Feature documentary is an epic global journey, filmed in fifteen countries over a four year period. Narrated by a young journalist from India, the movie follows five connected stories of young people who against all odds are transforming their lives and the lives of those around them. Tales of courage, hope and generosity that will both amaze the mind and touch the heart.

Visit: <https://vimeo.com/ondemand/childofnature>



DYI: Ice Candle Tutorial For The Whole Family

Ice candles are a simple and fun project for the entire family. Easy to make with common items found around the house, these beautiful winter ice candles are very popular in Scandinavian countries. All you require are some plastic containers, a rock, a small piece of wood, decorative elements (like pinecones or tree bits), and a little room in your freezer. [Please visit this online tutorial video.](#)



Old Fashioned Gingersnaps Recipe

(Adapted by Tina Tulloch, Food Security Team)

There is nothing sweeter than the smell of gingerbread baking in the oven. This is our favourite gingersnap recipe and Tina, one of our Food Security Coordinators, baked these with our community kitchen participants last month.

Ingredients:

$\frac{3}{4}$ cup butter, softened

1 cup sugar
1 large egg, room temperature
¼ cup molasses
2 cups all-purpose flour
2 tsp baking soda
1 tsp cinnamon
1 tsp ground cloves
1 tsp ground ginger
¼ tsp salt
Additional sugar

Directions:

In a bowl, cream butter and sugar together until light and fluffy, 5-7 minutes. Beat in the egg and molasses.

Combine the flour, baking soda, cinnamon, cloves, ginger, and salt; gradually add to the creamed mixture. Chill dough until easy to handle.

Roll into 1-¼-inch balls and dip into sugar. Place 2 inches apart on ungreased baking sheets. Bake at 375 degrees for 10 minutes or until set and surface cracks. Cool on wire racks.

With gratitude, we respectfully acknowledge that we work and serve on the unceded lands of the L'kwungen speaking peoples of the Songhees and Esquimalt Nations.

View our land acknowledgment [here](#).