



### *Fall Newsletter* *Saanich Neighbourhood Place*

Hello Friends!

Well! The summer has flown by it seems, though I'm not quite prepared to don a sweater yet... and it has been a busy time here at SNP. In all the bustle of staff finding time to take vacations, closures to do a bit of maintenance, and the pretty major upgrade of our Pearkes spaces it almost feels like we've not stopped to enjoy the summer sunshine much at all. But, the busyness has resulted in some fresh new spaces and a team ready to head into the fall and continue our work with families and youth! The fall calendar for all programs is on our website at [www.snplace.org](http://www.snplace.org). A big thank you to those organizations who donated to our kitchen project. We couldn't have done it without [Western Coast Insurance Services](#), the [St. John's](#)

[Order of Knights Hospitaller's](#) and the [Greater Victoria Savings Credit Union \(GVSCU\) Legacy Foundation](#), who have provided generous donations to the project. The professionals at [LTS Cabinetry](#), [Crest Sheet Metal](#), [Brent Jensen Plumbing](#) and [Paterson Counters](#) have helped us improve the function and look of our hard-working kitchen, and done it within our timeframe too! [Save-a-lot Hauling](#) ensured we left the place tidy at the end of it all.

In both buildings, our staff teams worked many hours cleaning out cupboards and repairing and painting walls. It was a big effort overall, but the newly refreshed spaces make a nicer workplace and we were happy to welcome families back into spaces in mid August. We are in the midst of finalizing our AGM plans, set for September 26th . Always a fun time (winky face!), the AGM is a great opportunity to review our previous fiscal year, vote in our Board of Directors for the coming year and we will also be revealing our strategic plan at last! Anyone interested in attending is welcome to join us for the AGM, watch our website for more details and to RSVP!

Sincerely,

Corinne M Hilton  
Executive Director  
Saanich Neighbourhood Place

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## SNP Updates

### SNP Pearkes Renovation

Over the summer, our Pearkes location received a fantastic makeover! The kitchen underwent renovation, while the Bell Irving Room and Board Room were upgraded with vibrant murals, fresh paint, and stylish decor. We are so excited to show you our newly refreshed spaces! Please come and check out the new updates for yourselves!



## Fall Programs 2023

In addition to our two locations at Saanich Pearkes Recreation Centre and SNP's Child & Family Centre (behind the Pearkes Rec Centre), we will be adding another location (Broad View) in mid-fall! SNP has resumed many of our regular programs with exciting additions. We will be offering some new programs at the Broad View location later in the fall; the detailed information will be released soon. Get ready for our fall lineup starting in September - registration is open now! [Check out the calendar here.](#)

### Regular Programs Available in Fall 2023

Young Parent Play & Connect

Parent Child Mother Goose

Family Entree to Go

Kindergym

Best Babies

Playgroups for under 5

Baby Group

Family Dinner to Go

Community Kitchens

Toddler Kindergym

Dad's Drop In (No sessions on September 2 and September 30)

### **Additional Programs**

Empowering Moms: A Healthy Approach to Motherhood

SAFER

Parent Child Mother Goose (at Broad View)

Drop-In Playgroup (at Broad View)

Toddler Playgroup (at Broad View)

[Visit our programs calendar](#) for more information.

Email us at [admin@snplace.org](mailto:admin@snplace.org) or phone 250-360-1148.

## **SNP 2023 Fall Programs**

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# **Donate to SNP**

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### **Full o' Beans Anniversary**

We are pleased to recognize that September 2023 marks the 10th year anniversary of Full o' Beans Preschool! Over the last 10 years, our three and four hour preschool classrooms have welcomed over 400 families from our community. It has been an honour to work with these children and families over the years and we look forward to the continuation of our preschool programs for many years to come. If you or your child were a part of Full o' Beans Preschool over the last 10 years, we would love to hear from you! Keep an eye out for an invitation to join us in the spring as we plan to celebrate this impactful accomplishment.



## National Day of Truth and Reconciliation

September 30th is the National Day of Truth and Reconciliation in Canada. We hope that everyone will take the opportunity to join us in wearing orange shirts (history of orange shirt day is [HERE](#)) and recommitting ourselves to acknowledging the truth of colonialism, racism and their intergenerational effects, as well as focusing on how we might actively engage in reconciliation with the First Peoples of this land. The following list of children's books are a great way to introduce your kids to Indigenous culture, the experience of residential schools, and the beauty and resiliency found in Indigenous families across Turtle Island.

[Day with Yayah by Nicola I. Campbell, illustrated by Julie Flett](#)

[When We Were Alone by David Roberston, illustrated by Julie Flett](#)

[I Am Not a Number by Jenny Kay Dupuis & Kathy Kacer, illustrated by Gillian Newland](#)

[Just a Walk by Jordan Wheeler, illustrated by Christopher Auchter](#)

[Amik Loves School by Katherena Vermette, illustrated by Irene Kuziw](#)

[We Sang You Home by Richard Van Camp, illustrated by Julie Flett](#)

[What's My Superpower? by Aviaq Johnston, illustrated by Tim Mack](#)

[Owls See Clearly at Night \(Lii Yiiboo Nayaapiwak Iii Swer\) by Julie Flett](#)

[You Hold Me Up by Monique Gray Smith, illustrated by Danielle Daniel](#)



## **Come and See Us @ Tillicum Community Showcase**

Saanich Neighbourhood Place will have a booth at the Tillicum Community Showcase event on August 26th. This event will have market vendors, local businesses, community groups, food trucks, family entertainment, etc., with a purpose of bringing the community together to connect, promote local businesses and highlight the diverse talents and initiatives within our community! We are proud to be participating in the event as a community organization and are looking forward to showing you what types of service we offer for our wonderful community! Come and see us at Tillicum Mall parking lot to learn some useful information and have some summer fun on the 26th!

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## Fun Fall Recipe: Apple Crumble

Credit: RecipeTin Eats

**Filling:** 2lbs apples, 1 tbsp flour, 1/2 cup white sugar, 2 tbsp lemon juice, 1/2 tsp cinnamon

**Topping:** 1 cup rolled oats, 1 cup flour, 1 cup brown sugar, 1/2 tsp baking powder, 1 tsp cinnamon, 1/2 cup of unsalted butter (melted), pinch of salt

### Instructions:

- Preheat oven 350°F
- Peel apples and cut into small cubes
- For the filling:
  - Place apples in bowl
  - Sprinkle with flour, sugar, and cinnamon
  - Pour in lemon juice
  - Mix, then spread evenly into a 1.5qt baking dish
- For the topping:
  - Place all topping ingredients in a bowl
  - Mix until clumps form
  - Spread over apples
- Bake 30 - 40 minutes, until golden brown
- Let stand 10 minutes before serving

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*With gratitude, we respectfully acknowledge that we work and serve on the unceded lands of the L'kwungen speaking peoples of the Songhees and Esquimalt Nations.*

*View our land acknowledgment [here](#).*





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You have participated in SNP or RONH programs, or are a community partner.

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