**Location: SNP Pearkes Recreation Centre | 3100 Tillicum Rd.**

**Monday**

YOUNG PARENT PLAY & CONNECT

BEGINNING SEPTEMBER 13 | MONDAYS | 9:30 - 11:30 AM

A play group with discussion for parents under 29 years of age and their children. Contact [Tanya@snplace.org](mailto:Tanya@snplace.org) to register.

PARENTING TOOLBOX

OCTOBER 25 - NOVEMBER 29 | MONDAYS | 12:00 - 1:30 PM

Registration is full.

**Tuesday**

KINDERGYM

BEGINNING SEPTEMBER 14 | TUESDAYS | 9:30 - 11:30 AM

With space to run and climb, this active play time gets little ones moving! For children up to 5 years of age. Contact [Ali@snplace.org](mailto:Ali@snplace.org) to register.

BEST BABIES

BEGINNING SEPTEMBER 14 | TUESDAYS | 10:00 AM - 1:30 PM

Support to pregnant people and their newborns up to 6 months of age. Contact [Robin@snplace.org](mailto:Robin@snplace.org) to register.

**Wednesday**

PARENT-CHILD DROP-IN

BEGINNING SEPTEMBER 15 | WEDNESDAYS | 9:30 - 11:30 AM

This program offers art activities, water play, stories, dress ups, and outside playtime for children up to five years of age. Contact [Ali@snplace.org](mailto:Ali@snplace.org) to register.

BABY GROUP

BEGINNING SEPTEMBER 15 | WEDNESDAYS | 1:00 - 2:00 PM

Discussion and support group for parents and caregivers with babies 0 to 18 months. Contact [Robin@snplace.org](mailto:Robin@snplace.org) to register.

FAMILY DINNER TO-GO

BEGINNING SEPTEMBER 8 | WEDNESDAY | 5:00 - 6:00 PM

Pre-register for your family and pick up a delicious home-made meal to take home and enjoy. Contact [Tina@snplace.org](mailto:Tina@snplace.org) to register.

**Thursday**

COMMUNITY KITCHENS

BEGINNING SEPTEMBER 16| THURSDAYS | 10:00 AM - 12:00 PM

Enjoy cooking in a group and taking delicious affordable meals home to your family. Please contact [Tina@snplace.org](mailto:Tina@snplace.org) to register.

FOOD SKILLS FOR YOUTH

OCTOBER 7 - DECEMBER 16 | THURSDAYS | 4:00 - 6:00 PM

This program gives youth ages 12-17 an opportunity to cook in a group and learn valuable food skills. Please contact [Tina@snplace.org](mailto:Tina@snplace.org) to register.

**Friday**

There are currently no programs on Fridays at the Pearkes location.

**Saturday**

DAD'S DROP-IN

BEGINNING SEPTEMBER 11 | SATURDAYS | 9:30 - 11:00 AM

Weekly playgroups for self-identified dads with children under 5 years old. Please contact [Paul@snplace.org](mailto:Paul@snplace.org) to register.

KINDERGYM

BEGINNING SEPTEMBER 14 | SATURDAYS | 10:00 AM - 12:00 PM (Dec. 4th and Dec. 11th cancelled)

With space to run and climb, this active play time gets little ones moving! For children up to 5 years of age. Contact [Ali@snplace.org](mailto:Ali@snplace.org) to register.

**Sunday**

There are currently no programs on Sundays at the Pearkes location.

**Location: SNP Royal Oak Neighbourhood House | 4525 West Saanich Rd**.

**Monday**

BABY GROUP

BEGINNING SEPTEMBER 13 | MONDAYS | 1:00 - 2:00 PM

Support for parents and caregivers with babies 0 to 18 months at the Royal Oak House. Contact [Jacquelin@snplace.org](mailto:Jacquelin@snplace.org) to register.

PARENT-CHILD MOTHER GOOSE

STARTING SEPTEMBER 13 | MONDAYS | 9:30 - 10:30 AM

Registration is full.

**Thursday**

MESSY HANDS DROP-IN

BEGINNING SEPTEMBER 16 | THURSDAYS | 9:30 - 11:30 AM

Registration is full.   
  
**Friday**

MESSY HANDS DROP-IN

BEGINNING SEPTEMBER 17 | FRIDAYS | 9:30 - 11:30 AM

Registration is full.

**Location: SNP Child and Family Centre | 3120 Tillicum Rd. (behind Pearkes Recreation Centre)**

**Monday**

SAFER

OCTOBER 5 - NOVEMBER 9 | MONDAYS | 6:00 - 8:30 PM

Registration is full.

SAFER FOR YOUTH

OCTOBER 5 - NOVEMBER 9 | MONDAYS | 6:00 - 8:30 PM

Registration is full.