

Saanich Neighbourhood Place

FAMILY PROGRAMS Fall 2021

SNP in Pearkes 3100 Tillicum Rd. G.R. Pearkes Recreation Centre

YOUNG PARENT PLAY & CONNECT

BEGINNING SEPTEMBER 13
MONDAYS | 9:30 - 11:30 AM

A play group with discussion for parents under 29 years of age and their children. Contact Tanya@snplace.org to register.

BEST BABIES

BEGINNING SEPTEMBER 14
TUESDAYS | 10:00 AM - 1:30 PM

Support to pregnant people and their newborns up to 6 months of age. Contact Robin@snplace.org for more details.

DAD'S PLAYGROUP

BEGINNING SEPTEMBER 11

SATURDAYS | 9:30 - 11:00 AM | Last Saturday of each month at Royal Oak
Weekly playgroups for self-identified dads with children under 5. Please contact Paul@snplace.org for more information.

PARENTING FROM A DAD'S PERSPECTIVE

OCTOBER 12 - NOVEMBER 16
TUESDAYS | 5:30 - 7:00 PM

A learning opportunity for male identifying parents who are parenting with or without a partner, living with or without their children. Contact Paul@snplace.org for more details.

PARENT-CHILD PLAYGROUP

BEGINNING SEPTEMBER 15
WEDNESDAYS | 9:30 - 11:30 AM

This program offers art activities, water play, stories, dress ups, and outside playtime for children up to 5 years of age. Contact Ali@snplace.org for more details.

FOOD SKILLS FOR YOUTH

OCTOBER 7 - DECEMBER 16
THURSDAYS | 4:00 - 6:00 PM

This program gives youth ages 12-17 an opportunity to cook in a group and learn valuable food skills. Please contact Tina@snplace.org to register.

COMMUNITY KITCHENS

BEGINNING SEPTEMBER 16
THURSDAYS | 10:00 AM - 12:00 PM

Enjoy cooking in a group and taking delicious affordable meals home to your family. Please contact Tina@snplace.org to register.

FAMILY DINNER TO-GO

BEGINNING SEPTEMBER 8
WEDNESDAY | 5:00 - 6:00 PM

FAMILY DINNER (IN-HOUSE)
LAST WEDNESDAY OF EACH MONTH | 5:00 - 6:00 PM

Enjoy the company of neighbours at our monthly family dinner night. Please contact Tina@snplace.org to register.

KINDERGYM

BEGINNING SEPTEMBER 14
TUESDAYS | 9:30 - 11:30 AM

SATURDAYS | 10:00 AM - 12:00 PM (December 4th and December 11 cancelled)
With space to run and climb, this active play time gets little ones moving! For children up to five years of age. Contact Ali@snplace.org for more information.

BABY GROUP

BEGINNING SEPTEMBER 15
WEDNESDAYS | 1:00 - 2:00 PM

Discussion and support group for parents and caregivers with babies 0 to 18 months. Contact Robin@snplace.org if you are interested in attending.

SNP in Royal Oak 4525 West Saanich Rd. Royal Oak Neighbourhood House

BABY GROUP

BEGINNING SEPTEMBER 13
MONDAYS | 1:00 - 2:00 PM

Support for parents and caregivers with babies 0 to 18 months at the Royal Oak House. Contact Robin@snplace.org if you are interested in attending.

PARENT-CHILD MOTHER GOOSE

BEGINNING SEPTEMBER 13
MONDAYS | 9:30 - 10:30 AM

A group experience for parents and their babies and young children which focuses on the pleasure and power of using rhymes, songs and stories together. Please contact Ali@snplace.org for registration.

MESSY HANDS PLAYGROUP

BEGINNING SEPTEMBER 16
THURSDAYS AND FRIDAYS | 9:30 - 11:30 AM

An opportunity for toddlers and preschool aged kids to show up for a creative experience. Come prepared for things like paint, slime, sand or water play. Caregivers need to stay but their hands are only expected to get as messy as they'd like. Contact Ali@snplace.org for more details.

SNP Child and Family Centre 3120 Tillicum Rd.

PARENTING TOOLBOX

OCTOBER 25 - NOVEMBER 29
MONDAYS | 12:00 - 1:30 PM

Join us for a 6-week series of workshops on a variety of parenting topics. We will look at areas such as temperament, challenging behaviours, anger and more. Parenting Toolbox is a great program for parents of 0-10 year olds who are looking to build some skills and strategies on how to connect to their kids and help them thrive. Contact Robin@snplace.org for more details.

SAFER

OCTOBER 4 - NOVEMBER 8
MONDAYS | 5:30 - 8:00 PM

Education and support group for parents of trans and non binary youth. Contact Family@snplace.org for more details.

SAFER FOR YOUTH

OCTOBER 4 - NOVEMBER 8
MONDAYS | 5:30 - 8:00 PM

A facilitated discussion group offering a safe place to talk, find support and ask questions for youth who are on a journey towards realizing their true identity. Contact Family@snplace.org for more information.

MY TWEEN & ME

NOVEMBER 3 - DECEMBER 8
WEDNESDAYS | 6:00 - 8:00 PM

This 6-week program is designed to support parents/caregivers with children ages 9-12. The facilitated group focuses on effective communication, building self-esteem for teens and strengthening confidence in parents. Contact Tanya@snplace.org for more details.

250-360-1148

admin@snplace.org

www.snplace.org

@snplace snplacetweets

@saanichneighbourhoodplace

