

SAANICH NEIGHBOURHOOD PLACE FALL 2023 PROGRAMS

SNP PEARKES - 3100 TILlicUM ROAD

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

MONDAY

YOUNG PARENT PLAY & CONNECT

Starts September 11
9:30-11:00 AM

A play & discussion group for parents under 29 years old and their children.

To register contact
Tanya@snplace.org

MY TWEEN AND ME

Ongoing

My Tween and Me is a program for parents of tweens who would like support with parenting their children ages 9-12

Offered on an individual basis - three sessions to help with your family's specific needs

TUESDAY

KINDERGYM

Starts September 12
9:30-11:00 AM

This active play time is the perfect place for kids, up to 5 years old, to move. Come run, jump, climb, dance and wiggle with us!

To register contact
admin@snplace.org

BEST BABIES

Ongoing

Prenatal: 10:00 AM-12:00 PM
Postnatal: 11:30 AM-1:30 PM
Support and information for pregnant people and their newborns up to 6 months old.

Lunch is provided and childcare is available.

To register contact
Robin@snplace.org

WEDNESDAY

PLAYGROUP

Starts September 13
9:30-11:00 AM

An opportunity for little ones to PLAY! Creative, sensory, make believe, building, indoor/outdoor, cooperative & independent play.

To register contact
admin@snplace.org

BABY GROUP

Starts September 6
1:00-2:00 PM

Discussion and support group for parents and caregivers with babies 0-18 months.

To register contact
Vanessa@snplace.org

FAMILY ENTRÉE TO-GO

Starts September 13
5:00-6:00 PM

To register contact
Tina@snplace.org

THURSDAY

COMMUNITY KITCHENS

Starts September 14
9:30 AM-12:00 PM

Enjoy cooking with a group and make some delicious meals.

To register contact
Tina@snplace.org

EMPOWERING MOMS : A Healthy Approach to Motherhood

Oct. 5 - Nov. 9
12:30-2:00 PM

This 6-week program focuses on mental health and wellness for mothers. We provide information and support in a facilitated group with an opportunity to connect with other moms.

To register contact
Robin@snplace.org

SATURDAY

DAD'S GROUP

Starts September 9
9:30-11:00 AM

Weekly playgroup for self-identified dads with children under 5.

To register contact
Paul@snplace.org



SAANICH
neighbourhood place

CONTACT: 250-360-1148 | ADMIN@SNPLACE.ORG | SNPLACE.ORG

FOLLOW:  SNPLACE  SAANICHNEIGHBOURHOODPLACE

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SNP CHILD & FAMILY CENTRE

3120 TILLICUM RD.
BEHIND THE PEARKES REC CENTRE

SNP BROAD VIEW

3703 St. AIDANS ST.

MONDAY

PARENT CHILD MOTHER GOOSE

Starts September 11

1:00-2:00 PM

A group experience for parents and their little ones that focuses on the joy of sharing rhymes, songs, and stories together.

To register contact
admin@snplace.org

FAMILY ENTRÉE TO-GO

Starts September 11

Pickup 4:00-5:00 PM

To register contact
Tina@snplace.org

WEDNESDAY

SAFER

Education and support group for parents of trans and non binary youth. Offered as a parent/caregiver session and also as a youth program. For more detailed information, contact
family@snplace.org

FALL DATES TBA

FRIDAY

TODDLER KINDERGYM

Starts September 15

9:30-11:00 AM

A chance for little ones, 2 and under, that are mobile to move! A great place to climb, crawl, dance, roll and toddle.

To register contact
admin@snplace.org

MONDAY

PARENT CHILD MOTHER GOOSE

Start date: TBD

Coming soon!

FRIDAY

DROP-IN PLAYGROUP

Start date: TBD

Coming soon!

WEDNESDAY

TODDLER PLAYGROUP

Start date: TBD

Coming soon!



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