SAANICH NEIGHBOURHOOD PLACE FALL 2023 PROGRAMS

SNP PEARKES - 3100 TILLICUM ROAD

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

MONDAY

YOUNG PARENT PLAY & CONNECT Starts September 11 9:30-11:00 AM A play & discussion group for parents under 29 years old and their children. To register contact Tanya@snplace.org

MY TWEEN AND ME Ongoing

My Tween and Me is a program for parents of tweens who would like support with parenting their children ages 9-12 Offered on an individual basis - three sessions to help with your family's specific needs

KINDERGYM

TUESDAY

Starts September 12 9:30-11:00 AM This active play time is the perfect place for kids, up to 5 years old, to move. Come run, jump, climb, dance and wiggle with us! To register contact admin@snplace.org

BEST BABIES

Ongoing Prenatal: 10:00 AM-12:00 PM Postnatal: 11:30 AM-1:30 PM Support and information for pregnant people and their newborns up to 6 months old. Lunch is provided and childcare is available. To register contact Robin@snplace.org

WEDNESDAY

PLAYGROUP Starts September 13 9:30-11:00 AM An opportunity for little ones to PLAY! Creative, sensory, make believe, building, indoor/outdoor, cooperative & independent play. To register contact admin@snplace.org

BABY GROUP Starts September 6 1:00-2:00 PM

Discussion and support group for parents and caregivers with babies 0-18 months. To register contact Vanessa@snplace.org

FAMILY ENTRÉE TO-GO Starts September 13 5:00-6:00 PM To register contact Tina@snplace.org

THURSDAY

COMMUNITY KITCHENS Starts September 14 9:30 AM-12:00 PM Enjoy cooking with a group and make some delicious meals. To register contact Tina@snplace.org

EMPOWERING MOMS: A Healthy Approach to Motherhood Oct. 5 - Nov. 9 12:30-2:00 PM This 6-week program focuses on mental health and wellness for mothers. We provide information and support in a facilitated group with an opportunity to connect with other moms. To register contact Robin@snplace.org

SATURDAY

DAD'S GROUP Starts September 9 9:30-11:00 AM Weekly playgroup for self-identified dads with children under 5. To register contact Paul@snplace.org





CONTACT: 250-360-1148 | ADMIN@SNPLACE.ORG | SNPLACE.ORG FOLLOW: SNPLACE (SAANICHNEIGHBOURHOODPLACE

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SNP CHILD & FAMILY CENTRE 3120 TILLICUM RD. BEHIND THE PEARKES REC CENTRE

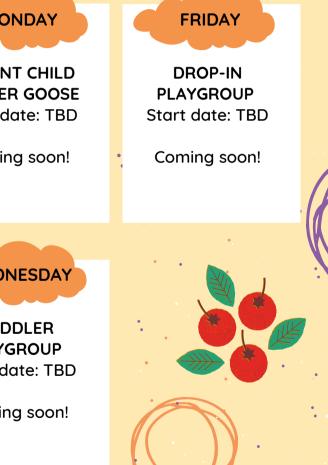
SNP BROAD VIEW 3703 St. AIDANS ST.

MONDAY

PARENT CHILD MOTHER GOOSE Starts September 11 1:00-2:00 PM A group experience for parents and their little ones that focuses on the joy of sharing rhymes, songs, and stories together. To register contact admin@snplace.org

FAMILY ENTRÉE TO-GO Starts September 11 Pickup 4:00-5:00 PM To register contact Tina@snplace.org

	WEDNESDAY	FRIDAY		МО
11 e eir of	SAFER Education and support group for parents of trans and non binary youth. Offered as a parent/caregiver session and also as	TODDLER KINDERGYM Starts September 15 9:30-11:00 AM A chance for little ones, 2 and under, that are mobile to		PAREN MOTHE Start d Comir
t g	a youth program. For more detailed information, contact family@snplace.org FALL DATES TBA	move! A great place to climb, crawl, dance, roll and toddle. To register contact admin@snplace.org		WEDI TOD PLAYO Start d
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