

SAANICH NEIGHBOURHOOD PLACE FALL 2022 PROGRAMS

SNP PEARKES - 3100 TILlicUM ROAD

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

MONDAY

YOUNG PARENT CONNECT & PLAY

Starts September 12
9:30-11:00 AM

(No session October 10)

A play & discussion group for parents under 29 years old and their kids. To register contact Tanya@snplace.org.

MOM'S MENTAL HEALTH TOOLKIT

September 19 - October 31
12:30 - 2:00 PM

(No group October 10)

6-week program focused on mental health and wellness for mothers. Provides information and support in a facilitated group, and a chance to connect with other moms. To register contact Robin@snplace.org.

PARENT CHILD MOTHER GOOSE

Nov 7 - Dec 12
1:00 - 2:00 PM

A group experience for parents and their babies and young children, that focuses on the power of using rhymes, songs, and stories together. To register contact Ali@snplace.org.

TUESDAY

KINDERGYM

Starts Sept 13 | 9:30 - 11:00 AM
This active play time gets kids up to 5 years old moving! To register contact Ali@snplace.org.

BEST BABIES

Starts Sept 13
Prenatal: 10:00 AM - 12:00 PM
Postnatal: 11:30 AM - 1:30 PM
Support and information for pregnant people and their newborns up to 6 months old.

Lunch is provided and childcare is available. To register contact Robin@snplace.org.

PARENTING FROM A DAD'S PERSPECTIVE

One night only, October 18
5:30 - 7:00 PM

A group session to discuss parenting philosophy, strategies and skills. To register contact Paul@snplace.org

WEDNESDAY

PLAYGROUP

Starts Sept 14 | 9:30 - 11:00 AM
Participate in art, water play, and stories with kids up to 5 years old. To register contact Ali@snplace.org .

BABY GROUP

Starts Sept 14 | 1:00 - 2:00 PM
Discussion and support group for parents and caregivers with babies 0-18 months. To register contact Ali@snplace.org.

FAMILY DINNER TO-GO

Starts Sept 14 | 5:00 - 6:00 PM
To-go at this time. To register contact Tina@snplace.org.

SAFER

SAFER is a program for trans, non binary, Two-Spirit, and gender questioning youth aged 12-15 and their families. The program is designed to provide support, connection, and resources. For more details and to register contact safer@snplace.org

THURSDAY

COMMUNITY KITCHENS

Starts Sept 22
9:30 AM - 12:00 PM
Enjoy cooking with a group and making delicious meals. To register contact Tina@snplace.org.

NOBODY'S PERFECT

Oct 27 - Dec 1
12:30 - 2:00 PM
Provides parents of children from birth to age 5 with a safe place to build on their parenting skills, learn new skills and concepts and interact with other parents who have children the same age. To register contact Tanya@snplace.org.

SATURDAY

DAD'S GROUP

Starts Sept 10
9:30 - 11:00 AM
(No session October 8 and November 12)
Weekly playgroups for self-identified dads with children under 5. To register contact Paul@snplace.org.



SAANICH
neighbourhood place

CONTACT: 250-360-1148 | ADMIN@SNPLACE.ORG | SNPLACE.ORG

FOLLOW:  SNPLACE  SAANICHNEIGHBOURHOODPLACE

SAANICH NEIGHBOURHOOD PLACE FALL 2022 PROGRAMS

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

SNP ROYAL OAK NEIGHBOURHOOD HOUSE
4525 W. SAANICH ROAD

SNP BROAD VIEW
3703 ST. AIDANS ST

MONDAY

PARENT CHILD MOTHER GOOSE

September 19 - October 31
and
November 7 - December 12
(No group October 10)
10:00 - 11:00 AM

A group experience for
parents and their babies and
young children, that focuses
on the power of using
rhymes, songs, and stories
together.

To register contact
Ali@snplace.org.

TUESDAY

BABY GROUP

Starts September 13
1:00-2:00 PM

Discussion and support
group for parents and
caregivers with babies 0-18
months.

To register contact
Ali@snplace.org.

FRIDAY

MESSY HANDS

Sept 16 - Oct 21
Nov 4 - Dec 16
9:30 - 11:00 AM

(No session Nov 11)

A creative opportunity for
kids 5 years and under to
engage in messy play.
Caregivers need to stay,
but their hands are only
expected to get as messy
as they'd like.

To register contact
Ali@snplace.org.

WEDNESDAY

BROAD VIEW TODDLER TIME

Starts Sept 14
9:30 - 11:00 AM

A playgroup designed for
children up to 36 months
where we focus on
attachment, social skills,
and creative play

To register contact
Tanya@snplace.org

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