

SAANICH NEIGHBOURHOOD PLACE SPRING 2022 PROGRAMS

SNP PEARKES - 3100 TILlicUM ROAD

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

MONDAY

YOUNG PARENT PLAY & CONNECT

Starts April 4
9:30-11:30 AM

A play & discussion group for parents under 29 years old and their kids.

To register contact
Tanya@snplace.org.

MOM'S MENTAL HEALTH TOOLKIT

May 2 - June 13
(No group May 23)
12:30 - 2:00 PM

6-week program focused on mental health and wellness for mothers.

Provides information and support in a facilitated group, and a chance to connect with other moms.

To register contact
Robin@snplace.org.

TUESDAY

KINDERGYM

Starts April 5 | 9:30 - 11:00 AM
This active play time gets kids up to 5 years old moving! To register contact
Ali@snplace.org.

BEST BABIES

Starts April 5
Prenatal: 10:00 AM - 12:00 PM
Postnatal: 11:30 AM - 1:30 PM
Support and information for pregnant people and their newborns up to 6 months old. Lunch is provided and childcare is available. To register contact
Robin@snplace.org.

MY TWEEN & ME

April 26 -May 31 | 5:30 - 7:30 PM
For parents and caregivers with children ages 9-12. Focuses on communication, self-esteem, and strengthening confidence in parents. To register contact
Tanya@snplace.org.

PARENTING HOT TOPICS

June 7, June 14
5:30 - 7:30 PM

See details here →

WEDNESDAY

PLAYGROUP

Starts April 6 | 9:30 - 11:00 AM
Participate in art, water play, and stories with kids up to 5 years old. To register contact
Ali@snplace.org .

BABY GROUP

Starts April 6 | 1:00 - 2:00 PM
Discussion and support group for parents and caregivers with babies 0-18 months. To register contact
Vanessa@snplace.org.

FAMILY DINNER TO-GO

Starts April 6 | 5:00 - 6:00 PM
To-go at this time. To register contact
Tina@snplace.org.

PARENTING HOT TOPICS

April 13, 27, May 25
5:30 - 7:30 PM
Discussion group for parents and caregivers. Attend one session, a few, or all of them!
To register contact
family@snplace.org.

April 13: Communicating with your kids
April 27: Anger & Parenting
May 25: Parenting from a Dad's Perspective
June 7: Parenting in Relationship
June 14: Parenting with Your Ex

THURSDAY

COMMUNITY KITCHENS

Starts April 7
9:30 AM - 12:00 PM
Enjoy cooking with a group and making delicious meals. To register contact
Tina@snplace.org.

YOUTH FOOD SKILLS

April 7 - May 12
4:00 - 6:00 PM
Youth ages 12-17 cook in a group setting and learn valuable food skills. To register contact
Tina@snplace.org.

SATURDAY

DAD'S GROUP

Starts April 9
9:30 - 11:00 AM
Weekly playgroups for self-identified dads with children under 5. To register contact
Paul@snplace.org.



CONTACT: 250-360-1148 | ADMIN@SNPLACE.ORG | SNPLACE.ORG

FOLLOW:  SNPLACE  SAANICHNEIGHBOURHOODPLACE

SAANICH NEIGHBOURHOOD PLACE SPRING 2022 PROGRAMS

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS

SNP ROYAL OAK NEIGHBOURHOOD HOUSE
4525 W. SAANICH ROAD

SNP BROAD VIEW
3703 ST. AIDANS ST

MONDAY

PARENT CHILD MOTHER GOOSE

May 9 - June 20

(No group May 23)

9:30 - 10:30 / 10:45 - 11:45 AM

A group experience for parents and their babies and young children, that focuses on the power of using rhymes, songs, and stories together.

To register contact
Ali@snplace.org.

THURSDAY

BABY GROUP

Starts April 7

1:00-2:00 PM

Discussion and support group for parents and caregivers with babies 0-18 months.

To register contact
Vanessa@snplace.org.

FRIDAY

MESSY HANDS

May 13 - June 17

9:30 - 11:00 AM

A creative opportunity for kids 5 years and under to engage in messy play. Caregivers need to stay, but their hands are only expected to get as messy as they'd like.

To register contact
Ali@snplace.org.

WEDNESDAY

BROAD VIEW PLAYGROUP

Starts April 6

9:30 - 11:00 AM

Participate in art, outside play, and stories with children 2 and under. A family support worker is also available to assist with questions, resources and information.

To register contact
Tanya@snplace.org

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