

SAANICH NEIGHBOURHOOD PLACE WINTER 2023 PROGRAMS

SNP PEARKES - 3100 TILLICUM ROAD

PRE-REGISTRATION REQUIRED FOR ALL PROGRAMS



MONDAY

YOUNG PARENT PLAY & CONNECT

Starts Jan. 9
9:30-11:00 AM

A play & discussion group for parents under 29 years old and their children. To register contact Tanya@snplace.org

PARENT CHILD MOTHER GOOSE STARTS JAN. 9

1:00-2:00 PM

An interactive program for caregivers and young children to connect with each other and others through songs and stories. To register contact Ali@snplace.org

TUESDAY

KINDERGYM

Starts Jan. 10
9:30-11:00 AM

Ideal for children who are walking up to 5 years old - Kindergym is perfect for mornings when children need to get those big movements out. Each group ends with a parachute circle time. To register contact Ali@snplace.org

BEST BABIES

Starts Jan. 10

Prenatal: 10:00 AM-12:00 PM
Postnatal: 11:30 AM-1:30 PM
Support and information for pregnant people and their newborns up to 6 months old. Lunch is provided and childcare is available. To register contact Robin@snplace.org

WEDNESDAY

PLAYGROUP

Starts Jan. 11
9:30-11:00 AM

Opportunities for imaginative and creative play, sensory and building activities, as well as social connection are provided for children up to 5 years old. Each group ends with a circle time. To register contact Ali@snplace.org

BABY GROUP

Starts Jan. 11
1:00-2:00 PM

Discussion and support group for parents and caregivers with babies 0-18 months. To register contact Ali@snplace.org

FAMILY DINNER TO-GO

Starts Jan. 11 |
5:00-6:00 PM

To-go at this time
To register contact Tina@snplace.org

THURSDAY

COMMUNITY KITCHENS

Jan. 12 - Mar. 16
9:30 AM-12:00 PM

Enjoy cooking with a group and make some delicious meals.

To register contact Tina@snplace.org

FOOD, FAMILY & CONNECTION

Feb. 2 and Feb.9
12:30-2:00 PM

Join us for two afternoon sessions to talk about how we share food. We will cover nutrition, kiddos with selective eating habits, family meals, busy schedules and more!

To register contact Robin@snplace.org

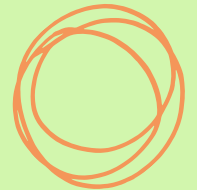
FRIDAY

FOOD SKILLS FOR FAMILY

Jan. 27 - Mar. 3
11:00 AM-2:00 PM

A hands-on weekly cooking program that explores healthy eating, shopping and cooking skills!

Six 3 hour sessions.
To register contact Tina@snplace.org



CONTACT: 250-360-1148 | ADMIN@SNPLACE.ORG | SNPLACE.ORG

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SNP PEARKES
3100 TILlicum ROAD

**SNP ROYAL OAK
NEIGHBOURHOOD
HOUSE**
4525 W. SAANICH ROAD

**SNP CHILD &
FAMILY CENTRE**
3120 TILlicum RD,
BEHIND PEARKES REC

SATURDAY

DAD'S GROUP

Starts Jan. 7
9:30-11:00 AM

Weekly playgroups for
self-identified dads
with children under 5.
To register contact
Paul@snplace.org



MONDAY

MESSY HANDS

Starts Jan. 16
9:30-11:00 AM

An opportunity for
children who are walking,
up to 5 years old, to learn
through play with a focus
on process over product.
Children get to
experience different art,
sensory and water
activities without the
stress of a mess at home.
To register contact
Ali@snplace.org

FRIDAY

**TODDLER
KINDERGYM**

Starts Jan. 13
9:30-11:00 AM

A chance for little ones
that are on the move,
up to 3 years old, to
move! A great chance
to climb, crawl, dance
and jump.
To register contact
Ali@snplace.org

NEW!

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